

2019

Mat-Su Health Foundation 2019 Annual Report



HEARING EVERY VOICE



MAT-SU HEALTH
FOUNDATION

Message from the Chief Executive Officer



Welcome to the 2019 Mat-Su Health Foundation Annual Report! In this report and throughout last year, we worked harder to hear and heed the voices and input of Mat-Su community members, particularly those outside the traditional and dominant culture. We learned from citizens with diverse backgrounds and

experiences, representing numerous cultures, races and ages. We heard their celebrations and their challenges in living a healthy life.

One example of this new level of inclusion was the 2019 Mat-Su Community Health Needs Assessment (CHNA). To anchor our work and assumptions in the perspectives of Mat-Su community members, we partnered with Mat-Su Regional Medical Center, formed a steering committee of diverse stakeholders, and prioritized Hearing Every Voice – a difficult task when you live in a community that numbers over 100,000 residents. We used traditional research methods like telephone and mail survey data, but we also added a new method to ensure we heard the voices of those who do not respond to traditional surveys. The participatory research method “photovoice” engaged community groups to take pictures of what they saw as enhancing or inhibiting their health. A few of those photos are featured in this Annual Report. A picture is worth a thousand words—so go online at healthymatsu.org to see more in the 2019 Mat-Su CHNA.

In addition to completing the CHNA, MSHF supported Mat-Su’s nonprofit service providers, tribal leaders and local governments by offering funding and technical assistance. We awarded more than \$13 million in grants

and \$1.5 million in scholarships. We advocated for legislation and public policy that increased access to care for Mat-Su residents and hosted convenings with nonprofit leaders to better coordinate care and improve systems that serve Mat-Su residents. Significant advances were made in the following systems we all rely on: Behavioral Health (BH), child welfare, crisis response, community connections, workforce development, transportation, housing and senior services.

By example, we laud the tremendous work and investment Mat-Su Regional made in building and opening a BH wing and recruiting psychiatrists and behavioral health clinicians. We celebrate Mat-Su Regional’s leadership and staff, which had to change systems and training across the hospital and work in new ways with outpatient BH providers in order to significantly advance wholistic care for all hospital patients. We are grateful for community members who showed up repeatedly to testify at the many public hearings for this important project. Your voice was heard!

Think of the advances in health and opportunity we can make for our residents if we collectively raise our voices and use our civic powers. Consider a Mat-Su where we hear and respect diverse input. Imagine a Mat-Su that has a stronger sense of inclusive community, where everyone has an opportunity for a healthy life. That’s a vision to strive for!

Elizabeth Ripley
Chief Executive Officer

2019 Target Wellness Grants

Alaska Assistance Dogs
Alaska Association of Conservation Districts
Alaska Community Foundation
Alaska District Council of the
Assemblies of God
Alaska Family Services Inc.
Alaska Sports Hall Of Fame Inc.
American Cancer Society Inc.
American National Red Cross
Blood N Fire Ministry of Alaska
Camp Fire
Chickaloon Native Village
City of Wasilla
Colony Middle School
Compassionate Directions (CODI)
Daybreak Inc.

Fannie E Rippel Foundation
Food Bank of Alaska
Friends of Sutton Library
Frontline Mission
Girl Scouts of Alaska
Glacier View Community Council
Goose Bay Elementary School
Grantmakers In Health
Great Land Christian Church
John D. Shaw Elementary School
Knik Tribe
Love Surrounds
Mat Su Veterans Foundation Inc.
Mat Su Youth Housing
MatSu Food Bank
MatSu Running Club
Matanuska-Susitna Borough School District

Meadow Lakes Community
Development Inc.
Museum of Alaska Transportation
and Industry
Northgate Alaska
Onward and Upward, Inc.
Pacific Northwest University
of Health Sciences
Palmer Community Foundation
Palmer High School
Palmer Museum of History and Art
Palmer Senior Citizens Center Inc.
Peer Power
Philanthropy Northwest
Radio Free Palmer
Reach 907
Special Olympics Alaska

Sunshine Community Health Center Inc.
Sunshine Station Child Care Center
Sunshine Transit
Teeland Middle School
Trinity Lutheran Church
True North Recovery Inc.
United States Tennis Association
United Way of Mat-Su
University of Alaska
Upper Susitna Food Pantry
Valley Charities Inc.
Valley Community for Recycling Solutions
Valley Residential Services
Wasilla Youth Baseball
Willow Library Association

2019 Healthy Impact, Discovery and Strategic Grants

Abused Women's Aid in Crisis, Inc.: \$25,200 for its safe spaces expansion and renovation.

Alaska Children's Trust: \$50,000 in two separate \$25,000 grants for Advancing High-Quality Afterschool System Building and operational support for the Alaska Resilience Initiative.

Alaska Family Services: \$488,240 for organizational capacity building and \$105,000 for the Mat-Su Special Santa Program.

The Basics: \$50,000 to provide gym shoes and winter gear to children so that all can have access to active lifestyles with the proper gear.

Beacon Hill: \$178,500 for Safe Families for Children Strengthening Families Protective Factors implementation and data collection.

Catholic Camp and Conference Ministries of Alaska, Inc.: \$32,500 for its wheelchair vertical lift project.

Chickaloon Native Village: \$225,000 for the Elder Home Modification Program.

Child Care Connection, Inc. dba thread: \$100,000 for assessment of Mat-Su early childhood programs.

Church on the Rock: \$250,000 for the Band of Brothers Facility designed to equip men to become better leaders, husbands, fathers, and community members.

Compassionate Directions (CODI): \$25,000 for technical assistance.

The Foraker Group: \$90,000 for the Alaska Healthcare Transformation Council, \$50,000 for the Leadership Transition program dedicated to embracing the culture of a nonprofit as it navigates a change in leadership, and \$50,000 to support the Alaska Counts census effort.

Frontline Mission: \$265,000 to fund the salaries of the Executive Director and Program Coordinator for two years.

Mat-Su Martin Luther King Jr Foundation Inc.: \$50,000 to support their annual celebration, presentation of a musical based on Dr. King's Life, a health fair, and a legal clinic.

Mat-Su Trails and Parks Foundation: \$186,353 for the Curry Ridge to Kesugi Ridge Trail Connector Project.

Onward and Upward, Inc.: \$200,000 for General operational support and technical assistance.

Pacific Northwest University of Health Sciences: \$210,000 for a five-year capacity building Master Preceptor program at Mat-Su Regional Medical Center to facilitate medical education and training for Mat-Su residents and PNWU students.

Palmer Senior Citizens Center Inc.: \$142,926 to support Mat-Su Senior Services Senior home-delivered meals program costs.

Set Free Alaska Inc.: \$237,870 to provide therapeutic onsite services in Mat-Su schools.

Sultana New Ventures, LLC: \$150,000 to support Recover Alaska.

Sunshine Transit: \$170,000 to provide the required local match to receive funding for public transportation in the Mat-Su Borough.

United Way of Mat-Su: \$200,000 to assist the Upper Susitna community's efforts to help residents who lost their primary residences in the 2019 McKinley Fire and \$100,000 for the Youth 360 primary prevention effort in Houston and Wasilla based on the Icelandic Prevention Model.

Valley Charities, Inc.: \$42,998 to support the Mat-Su Housing and Homelessness Coalition and Project Homeless Connect.

Valley Residential Services: \$300,000 for the Bridgeway Community Housing project.

Valley Transit: \$277,125 to provide the required local match to receive funding for public transportation in the Mat-Su Borough.

Wasilla Area Seniors Inc.: \$357,074 in gap operational funding and \$350,000 to construct new senior housing.



Statement of Financial Position

(In Thousands, 2019 Unaudited)

ASSETS	2019	2018
Cash and Cash Equivalents	\$11,846	\$11,349
Investment in Joint Ventures	\$87,722	\$84,581
Long-Term Investments	\$126,758	\$105,797
Program-Related Investments	\$330	\$362
Leasehold Improvements, Net	\$16,238	\$14,540
Other Assets	\$12,180	\$11,354
Total Assets	\$255,074	\$227,983
LIABILITIES AND NET ASSETS		
Accounts Payable and Accrued Expenses	\$779	\$587
Grant Awards Payable	\$4,102	\$2,762
Interest Rate Swap	\$(10)	\$(169)
Long Term Notes Payable	\$15,301	\$23,675
Other Liabilities	\$787	\$451
Total Liabilities	\$20,959	\$27,307
Unrestricted Net Assets	\$234,115	\$200,676
Temporarily Restricted Net Assets		
Total Net Assets	\$234,115	\$200,676
Total Liabilities and Net Assets	\$255,074	\$227,983



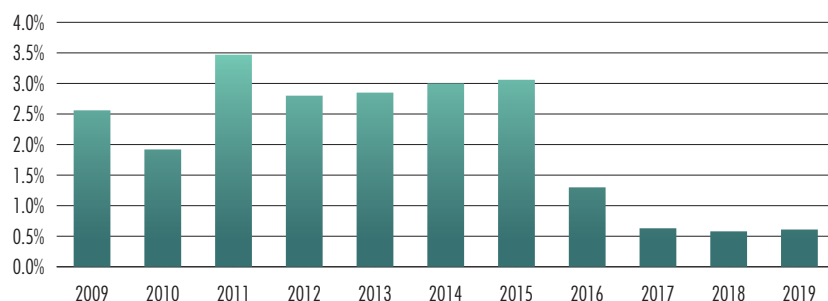
Statement of Activities & Changes in Net Assets

(In Thousands, 2019 Unaudited)

Revenue and Support	2019	2018
Equity Income in Joint Ventures	\$29,074	\$26,973
Investment Income, Net	\$21,104	\$(8,901)
Other Income and Net Assets Released from Restrictions	\$1,465	\$1,145
Total Income	\$51,644	\$19,218
Grants and Expenses		
Grant Awards	\$13,312	\$8,880
General and Administrative Expenses	\$4,893	\$4,269
Total Expense	\$18,205	\$13,148
Change in Net Assets	\$33,439	\$6,069
Net Assets, Beginning of Year	\$200,676	\$194,606
Net Assets, End of Year	\$234,115	\$200,676



Charity Care as a Percentage of Gross Revenue



Note: Medicaid Expansion led to an increase in the number of insured Alaskans. Charity Care declined in part due to decreased need.



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