



MAT-SU HEALTH  
FOUNDATION



2022

ANNUAL REPORT

*Supporting a connected community*



# Message from the President and CEO

In 2022, Mat-Su Health Foundation (MSHF) completed its triannual Community Health Needs Assessment (CHNA), an in-depth report that takes a closer look at the health of our growing community. Produced in partnership with Mat-Su Regional Medical Center (MSRMC) and other stakeholders, with input from local residents gathered via surveys, focus groups and other convenings, it was published with the title, "Together for Health." Reflecting back on other work undertaken by the Foundation in 2022, there's a common thread of staff and community partners working to foster a more connected, supportive and welcoming community in many different ways, demonstrating "together for health."



**Elizabeth Ripley**  
President and CEO

The 2022 highlights below reflect this theme yet again:

- ▶ R.O.C.K. Mat-Su (Raising Our Children With Kindness) hosted 5,000 workshop participants and saw a 26% increase in community familiarity with Adverse Childhood Experiences (ACEs). This reflects a steady shift in the community's perspective since the workshops began in 2016. The collective's efforts also supported the launch of the Drug-Endangered Children's Taskforce, the first of its kind in Alaska, which dispatches social service agencies alongside law enforcement when they are called to homes where children are present.
- ▶ Connect Mat-Su increased its service utilization by 88%, serving 1,756 clients. Through 4,583 referrals, 96% of these clients successfully connected with referred agencies for health and social service supports. The Connect Mat-Su website attracted 20,000 new users, a remarkable 63% increase from 2021. To enhance accessibility, a new texting platform was launched. Additionally, Connect Mat-Su embarked on several systems-level projects, including testing an e-referral system and developing a post-crisis care network, all aimed at improving outcomes by infusing resources for basic needs into the care continuum.
- ▶ Our Healthy Futures focus area awarded 363 academic scholarships totaling \$1,613,206; 96 vocational scholarships totaling \$224,101; 24 professional development scholarships totaling \$47,955; and invested in Alaska's SHARP Program to support the recruitment and retention of healthcare providers and significantly increase the Mat-Su healthcare workforce. Over the last 10 years, this work has increased the number of Behavioral Health (BH) providers from one provider for 1,565 people in 2013 to one provider for only 340 Mat-Su residents in 2023, a stunning success to help meet a growing community need.
- ▶ Our Healthy Minds focus area continued to support implementation of the Crisis Now model to ensure more timely treatment and intervention for people suffering from a mental health or substance use crisis. Law enforcement, BH providers, MSRMC, Alaska Department of Health and Social Services (DHSS), and others are partnering to build out this system. We have continued to fund the High Utilizer Mat-Su (HUMS) program, which has saved more than \$4.9 million in Emergency Department (ED) admissions in the last three years and connected people to more appropriate care and support.



- ▶ The Mat-Su Food Bank was awarded \$650,000 in the Healthy Foundations focus area to assist with purchasing a 21,321-square-foot facility to help fill a large gap in the Borough's emergency food system by giving smaller local pantries the space to store more donated food, reducing their cost of traveling to the Food Bank of Alaska Anchorage headquarters and relying on its twice-weekly distributions in Mat-Su.
- ▶ The Healthy Aging focus area granted funding to Valley Charities to expand and improve its durable medical equipment lending program. The new storefront location has more items and has been equipped with an industrial-grade cleaning and disinfecting machine that washes used equipment before being physically inspected and placed back into rotation.
- ▶ The Foundation continued distributing \$5.1 million in federal COVID-19 funding on behalf

of local governments to address testing and vaccination Borough-wide and to support nonprofit organizations meeting basic needs, such as food and shelter for vulnerable local residents during the pandemic.

When residents are connected, to each other and to services and supports, they become active participants in the whole community's health journey. These connections drive positive change, foster resilience, and promote equitable access to healthcare. Together, let us recognize the transformative power of community connections and work tirelessly to build a healthier future for all.



Elizabeth Ripley  
President and CEO

## 2022 Grants Awarded

### Target Wellness Grants

Alaska Addiction Rehabilitation Services  
Alaska Assistance Dogs  
Alaska Coalition on Housing and Homelessness  
Alaska Family Services Inc. (2)  
Alaska Farmland Trust  
Alaska Safe Riders  
Alaska South Central Pop Warner Football Association  
Beacon Hill  
Blood-N-Fire Ministry of Alaska (2)  
Bright Lights Book Project (2)  
Chickaloon Village Traditional Council  
City of Houston  
Colony High School  
Colony Middle School  
Denali Arts Council  
Family Promise (2)  
Frontline Mission  
Get Moving Mats  
Grantmakers in Aging  
Greater Palmer Chamber of Commerce  
Heartreach Center Inc.  
Jessica Stevens Community Foundation (2)  
John D. Shaw Elementary School  
Kids Kupboard (3)  
Knik Tribal Council (3)  
LINKS Mat-Su Parent Resource Center (2)  
Mat-Su Food Bank  
Mat-Su Sea Hawks  
Mat-Su Trails & Parks Foundation

Mat-Su Youth Court  
Me-2-We Inc.  
Meadow Lakes Community Development Inc. (4)  
Meadow Lakes Seniors Inc.  
Moose Boosters Wrestling Club  
MY House  
Onward & Upward Inc.  
Palmer Community Foundation (2)  
Palmer Foodbank (Palmer Emergency Food & Community)  
Philanthropy Northwest  
Rasmuson Foundation  
REACH 907 (2)  
Santa Cop & Heroes Program  
Set Free Alaska Inc.  
Southcentral Therapeutic Riding Inc.  
Special Olympics Alaska  
Sunshine Community Health Center (4)  
Sunshine Station Child Care Center  
Talkeetna Elementary PTA  
The Foraker Group (2)  
The Salvation Army Mat-Su Corps  
United Way of Mat-Su  
University of Alaska Mat-Su  
Upper Susitna Food Pantry (4)  
Valley Charities Inc. (3)  
Valley Community for Recycling Solutions  
Valley Residential Services (2)  
Wasilla Area Seniors Inc.  
Wasilla Waves Swim Club

### Healthy Impact, Discovery and Strategic Grants

Alaska Children's Trust  
Alaska Coalition on Housing and Homelessness  
Alaska Family Services Inc.  
Alaska Farmland Trust  
Alaska SHARP Program  
Alaska State Fair Inc.  
Alaskan Aids Assistance Association  
Alzheimer's Resource of Alaska  
Beacon Hill  
Blood-N-Fire Ministry of Alaska  
Cache Integrity Services  
Chickaloon Village Traditional Council  
Child Care Connection Inc. - Anchorage (AKA thread)  
Choosing Our Roots  
Connect Palmer Inc.  
Frontline Mission  
Great Land Trust Inc.  
Hatcher Pass Avalanche Center Inc.  
Hope Community Resources Inc.  
Knik Tribal Council  
LINKS Mat-Su Parent Resource Center (2)  
Mat-Su Council on Aging  
Mat-Su Food Bank  
Mat-Su Imagination Library  
Meadow Lakes Elementary School  
Northgate Alaska (2)  
Onward & Upward Inc.  
Palmer Senior Citizens Center Inc.  
aka Mat-Su Senior Services (2)

Pediatric Resource Center of Alaska  
REACH 907  
Set Free Alaska Inc.  
Sultana New Ventures LLC (2)  
Sunshine Community Health Center (2)  
Sunshine Transit (2)  
Teen Challenge International  
Pacific Northwest Centers  
True North Recovery Inc. (2)  
United Way of Mat-Su  
University of Alaska Foundation (2)  
University of Alaska, Anchorage  
Upper Susitna Food Pantry  
Upper Susitna Seniors Inc.  
Valley Charities Inc.  
Valley Residential Services  
Valley Transit  
Wasilla Area Seniors Inc. (2)  
Wasilla High School

### Coronavirus Prevention and Response (CPR) Grants

Alaska Addiction Rehabilitation Services  
Alaska Family Services Inc.  
Alaska Professional Volunteers  
Blood-N-Fire Ministry of Alaska  
Christmas Friendship Dinner Inc.  
Denali Education Center  
Kids Kupboard  
Mat-Su Concert Band Inc.  
Sunshine Station Child Care Center  
Thrive Mat-Su  
Young Life

## Statement of Financial Position

(In Thousands, 2022 Unaudited)

<b>ASSETS</b>	<b>2022</b>	<b>2021 Restated</b>
Cash and Cash Equivalents	\$22,655	\$30,706
Investment in Joint Ventures	\$110,111	\$93,259
Long-Term Investments	\$182,805	\$178,857
Program-Related Investments	\$0	\$278
Land, Property and Equipment	\$26,050	\$26,990
<b>Total Assets</b>	<b>\$341,621</b>	<b>\$330,090</b>
<b>LIABILITIES AND NET ASSETS</b>		
Accounts Payable and Accrued Expenses	\$(165)	\$472
Grant Awards Payable	\$3,400	\$4,894
Other Current Liabilities	\$2,429	\$2,291
Total Current Liabilities	\$5,664	\$7,657
Long Term Liabilities	\$4,338	\$5,191
<b>Total Liabilities</b>	<b>\$10,002</b>	<b>\$12,848</b>
Unrestricted Net Assets	\$331,619	\$317,242
Temporarily Restricted Net Assets	\$331,619	\$317,242
<b>Total Liabilities And Net Assets</b>	<b>\$341,621</b>	<b>\$330,090</b>



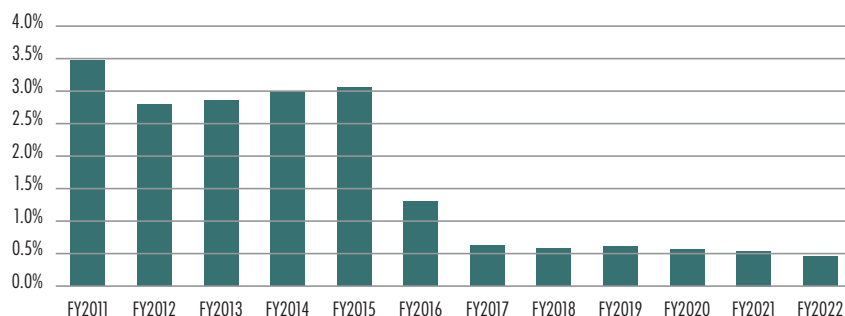
## Statement of Activities & Changes in Net Assets

(In Thousands, 2022 Unaudited)

<b>Revenue and Support</b>	<b>2022</b>	<b>2021 Restated</b>
Equity Income in Joint Ventures	\$45,020	\$45,358
Investment Income, Net	\$(25,451)	\$25,851
Donations and Other Income	\$18,736	\$3,169
<b>Total Income</b>	<b>\$38,305</b>	<b>\$74,378</b>
<b>Grants and Expenses</b>		
Grant Awards	\$15,052	\$12,655
Programs and Capacity Building	\$5,120	\$6,126
General and Administrative Expenses	\$3,558	\$3,619
<b>Total Expense</b>	<b>\$23,730</b>	<b>\$22,400</b>
<b>Change In Net Assets</b>	<b>\$14,575</b>	<b>\$51,978</b>
<b>Net Assets, Beginning of Year</b>	<b>\$317,242</b>	<b>\$265,264</b>
<b>Net Assets, End of Year</b>	<b>\$331,817</b>	<b>\$317,242</b>



## Charity Care as a Percentage of Gross Revenue



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