2022 ANNUAL REPORT
Supporting a connected community
Message from the President and CEO

In 2022, Mat-Su Health Foundation (MSHF) completed its triannual Community Health Needs Assessment (CHNA), an in-depth report that takes a closer look at the health of our growing community. Produced in partnership with Mat-Su Regional Medical Center (MSRMC) and other stakeholders, with input from local residents gathered via surveys, focus groups and other convenings, it was published with the title, “Together for Health.” Reflecting back on other work undertaken by the Foundation in 2022, there’s a common thread of staff and community partners working to foster a more connected, supportive and welcoming community in many different ways, demonstrating “together for health.”

The 2022 highlights below reflect this theme yet again:

- R.O.C.K. Mat-Su (Raising Our Children With Kindness) hosted 5,000 workshop participants and saw a 26% increase in community familiarity with Adverse Childhood Experiences (ACEs). This reflects a steady shift in the community’s perspective since the workshops began in 2016. The collective’s efforts also supported the launch of the Drug-Endangered Children’s Taskforce, the first of its kind in Alaska, which dispatches social service agencies alongside law enforcement when they are called to homes where children are present.

- Connect Mat-Su increased its service utilization by 88%, serving 1,756 clients. Through 4,583 referrals, 96% of these clients successfully connected with referred agencies for health and social service supports. The Connect Mat-Su website attracted 20,000 new users, a remarkable 63% increase from 2021. To enhance accessibility, a new texting platform was launched. Additionally, Connect Mat-Su embarked on several systems-level projects, including testing an e-referral system and developing a post-crisis care network, all aimed at improving outcomes by infusing resources for basic needs into the care continuum.

- Our Healthy Futures focus area awarded 363 academic scholarships totaling $1,613,206; 96 vocational scholarships totaling $224,101; 24 professional development scholarships totaling $47,955; and invested in Alaska’s SHARP Program to support the recruitment and retention of healthcare providers and significantly increase the Mat-Su healthcare workforce. Over the last 10 years, this work has increased the number of Behavioral Health (BH) providers from one provider for 1,565 people in 2013 to one provider for only 340 Mat-Su residents in 2023, a stunning success to help meet a growing community need.

- Our Healthy Minds focus area continued to support implementation of the Crisis Now model to ensure more timely treatment and intervention for people suffering from a mental health or substance use crisis. Law enforcement, BH providers, MSRMC, Alaska Department of Health and Social Services (DHSS), and others are partnering to build out this system. We have continued to fund the High Utilizer Mat-Su (HUMS) program, which has saved more than $4.9 million in Emergency Department (ED) admissions in the last three years and connected people to more appropriate care and support.
The Mat-Su Food Bank was awarded $650,000 in the Healthy Foundations focus area to assist with purchasing a 21,321-square-foot facility to help fill a large gap in the Borough’s emergency food system by giving smaller local pantries the space to store more donated food, reducing their cost of traveling to the Food Bank of Alaska Anchorage headquarters and relying on its twice-weekly distributions in Mat-Su.

The Healthy Aging focus area granted funding to Valley Charities to expand and improve its durable medical equipment lending program. The new storefront location has more items and has been equipped with an industrial-grade cleaning and disinfecting machine that washes used equipment before being physically inspected and placed back into rotation.

The Foundation continued distributing $5.1 million in federal COVID-19 funding on behalf of local governments to address testing and vaccination Borough-wide and to support nonprofit organizations meeting basic needs, such as food and shelter for vulnerable local residents during the pandemic.

When residents are connected, to each other and to services and supports, they become active participants in the whole community’s health journey. These connections drive positive change, foster resilience, and promote equitable access to healthcare. Together, let us recognize the transformative power of community connections and work tirelessly to build a healthier future for all.

Elizabeth Ripley
President and CEO

2022 Grants Awarded

Target Wellness Grants
- Alaska Addiction Rehabilitation Services
- Alaska Assistance Dogs
- Alaska Coalition on Housing and Homelessness
- Alaska Family Services Inc. (2)
- Alaska Farmland Trust
- Alaska Safe Riders
- Alaska South Central Pop Warner Football Association
- Beacon Hill
- Blood-N-Fire Ministry of Alaska (2)
- Bright Lights Book Project (2)
- Chickaloon Village Traditional Council
- City of Houston
- Colony High School
- Colony Middle School
- Denali Arts Council
- Family Promise (2)
- Frontline Mission
- Get Moving Matsu
- Grantmakers in Aging
- Greater Palmer Chamber of Commerce Heartreach Center Inc.
- Jessica Stevens Community Foundation (2)
- John D. Shaw Elementary School
- Kids Cupboard (3)
- Knik Tribal Council (3)
- LINKS Mat-Su Parent Resource Center (2)
- Mat-Su Food Bank
- Mat-Su Sea Hawkers
- Mat-Su Trails & Parks Foundation
- Mat-Su Youth Court
- Me-2-We Inc.
- Meadow Lakes Community Development Inc. (4)
- Meadow Lakes Seniors Inc.
- Moose Boosters Wrestling Club
- MY House
- Onward & Upward Inc.
- Palmer Community Foundation (2)
- Palmer Foodbank (Palmer Emergency Food & Community)
- Philanthropy Northwest
- Rasmuson Foundation
- REACH 907 (2)
- Santa Cap & Heroes Program
- Set Free Alaska Inc.
- Southcentral Therapeutic Riding Inc.
- Special Olympics Alaska
- Sunshine Community Health Center (4)
- Sunshine Station Child Care Center
- Talkeetna Elementary PTA
- The Foraker Group (2)
- The Salvation Army Mat-Su Corps
- United Way of Mat-Su
- University of Alaska Mat-Su
- Upper Susitna Food Pantry (4)
- Valley Charities Inc. (3)
- Valley Community for Recycling Solutions
- Valley Residential Services (2)
- Wasilla Area Seniors Inc.
- Wasilla Waves Swim Club

Healthy Impact, Discovery and Strategic Grants
- Alaska Children’s Trust
- Alaska Coalition on Housing and Homelessness
- Alaska Family Services Inc.
- Alaska Fairland Trust
- Alaska SHARP Program
- Alaska State Fair Inc.
- Alaskan Aids Assistance Association
- Alzheimer’s Resource of Alaska
- Anchor Hill
- Blood-N-Fire Ministry of Alaska
- Cache Integrity Services
- Chickaloon Village Traditional Council
- Child Care Connection Inc. - Anchorage (AKA thread)
- Choosing Our Roots
- Connect Palmer Inc.
- Frontline Mission
- Great Land Trust Inc.
- Hatcher Pass Avalanche Center Inc.
- Hope Community Resources Inc.
- Knik Tribal Council
- LINKS Mat-Su Parent Resource Center (2)
- Mat-Su Council on Aging
- Mat-Su Food Bank
- Mat-Su Imagination Library
- Meadow Lakes Elementary School
- Northgate Alaska (2)
- Onward & Upward Inc.
- Palmer Senior Citizens Center Inc. aka Mat-Su Senior Services (2)
- Pediatric Resource Center of Alaska
- REACH 907
- Set Free Alaska Inc.
- Sultana New Ventures LLC (2)
- Sunshine Community Health Center (2)
- Sunshine Transit (2)
- Teen Challenge International
- Pacific Northwest Centers
- True North Recovery Inc. (2)
- United Way of Mat-Su
- University of Alaska Foundation (2)
- University of Alaska, Anchorage
- Upper Susitna Food Pantry
- Upper Susitna Seniors Inc.
- Valley Charities Inc.
- Valley Residential Services
- Valley Transit
- Wasilla Area Seniors Inc. (2)
- Wasilla High School

Coronavirus Prevention and Response (CPR) Grants
- Alaska Addiction Rehabilitation Services
- Alaska Family Services Inc.
- Alaska Professional Volunteers
- Blood-N-Fire Ministry of Alaska
- Christmas Friendship Dinner Inc.
- Denali Education Center
- Kids Cupboard
- Mat-Su Concert Band Inc.
- Sunshine Station Child Care Center
- Thrive Mat-Su
- Young Life
Statement of Financial Position  
(In Thousands, 2022 Unaudited)

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2022</th>
<th>2021 Restated</th>
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<tbody>
<tr>
<td>Cash and Cash Equivalents</td>
<td>$22,655</td>
<td>$30,706</td>
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<tr>
<td>Investment in Joint Ventures</td>
<td>$110,111</td>
<td>$93,259</td>
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<tr>
<td>Long-Term Investments</td>
<td>$182,805</td>
<td>$178,857</td>
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<tr>
<td>Program-Related Investments</td>
<td>$0</td>
<td>$278</td>
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<tr>
<td>Land, Property and Equipment</td>
<td>$26,050</td>
<td>$26,990</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$341,621</strong></td>
<td><strong>$330,090</strong></td>
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| LIABILITIES AND NET ASSETS                   |         |               |
| Accounts Payable and Accrued Expenses        | $(165)  | $472          |
| Grant Awards Payable                        | $3,400  | $4,894        |
| Other Current Liabilities                   | $2,429  | $2,291        |
| **Total Current Liabilities**               | **$5,664** | **$7,657**    |
| Long Term Liabilities                       | $4,338  | $5,191        |
| **Total Liabilities**                       | **$10,002** | **$12,848**   |
| Unrestricted Net Assets                     | $331,619| $317,242      |
| Temporarily Restricted Net Assets           |         |               |
| **Total Liabilities And Net Assets**        | **$341,621** | **$330,090** |

Statement of Activities & Changes in Net Assets  
(In Thousands, 2022 Unaudited)

<table>
<thead>
<tr>
<th>Revenue and Support</th>
<th>2022</th>
<th>2021 Restated</th>
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<tr>
<td>Equity Income in Joint Ventures</td>
<td>$45,020</td>
<td>$45,358</td>
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<td>Investment Income, Net</td>
<td>$(25,451)</td>
<td>$25,851</td>
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<tr>
<td>Donations and Other Income</td>
<td>$18,736</td>
<td>$3,169</td>
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<td><strong>Total Income</strong></td>
<td><strong>$38,305</strong></td>
<td><strong>$74,378</strong></td>
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| Grants and Expenses                         |         |               |
| Grant Awards                                | $15,052 | $12,655       |
| Programs and Capacity Building              | $5,120  | $6,126        |
| General and Administrative Expenses         | $3,558  | $3,619        |
| **Total Expense**                           | **$23,730** | **$22,400**   |
| Change In Net Assets                        | $14,575 | $51,978       |

| Net Assets, Beginning of Year               | $317,242| $265,264      |
| Net Assets, End of Year                     | $331,817| $317,242      |

Charity Care as a Percentage of Gross Revenue

![Charity Care Chart]

MAT-SU HEALTH FOUNDATION